

## Fit for Purpose

A secure online health, wellbeing and performance database that gives individuals, groups and companies the ability to manage risks and improve performance by assessing leading and lagging health indicators.



Fit for Purpose is provided through a safe, secure and scalable online platform that assesses a raft of factors affecting moral, health, workstyle, attitude and wellbeing.

Built using current literature and science based evidence, it classifies and presents health and wellbeing factors as leading and lagging indicators.

Organisations and individuals are aided in identifying changes that are required as well as setting targets to be managed and monitored. Risks are presented through a colour code, with a built-in scoring system allocated to each risk category to make tracking results simple for all users.

The unique and clear presentation of the data allows individuals, groups and the organisation to easily track their data and identify trends and patterns as they emerge.

Individuals are able to access information specific to their own risk profiles, goals and objectives via a unique log-in that ensures their data remains secure, private and confidential. Online access means they are able to engage with the system at any time and from any location.

Organisations are able to view aggregated data allowing you to monitor return on investment, track trends, find correlations and identify early action steps to mitigate risk.

## **Key outcomes**

Observed improvements in individuals, teams and the organisation's leading and lagging profiles.

The inbuilt scoring systems saw targets for individuals, groups and the company improve significantly over 12 months.

Trends, correlations and projections could be identified earlier thanks to the analytical methods applied to the data.

Company champions were identified from the data and empowered to take on leading roles.

Data showed an overall mitigation of risks and increased performance for individuals, and across the organisation, in health and wellbeing as well as health scores.

Improved communication channels allowed for better feedback loops so that individuals, management and the company could track targets, standards and physical performance indicators.



>70%

compliance of individuals completing their profiles.

Our primary objective of improving the wellbeing and performance of our team as individuals, teams and the company was achieved.



